

Resilient Mendocino

We are dedicated to preventing and reducing the number of Adverse Childhood Experiences (ACEs) in the Mendocino County region, creating opportunities to heal from past trauma and building Resilient Mendocino communities.

Mendocino County Childhood Trauma Action Team is a coalition of community members representing early childhood, family services, education, health care, mental health, juvenile justice, foster and adoptive care services, and other community-serving organizations. We strive to create a more resilient Mendocino County by advocating for our community to prevent and respond to child abuse.



What We Do

- Provides opportunities for community members to network, learn from each other and raise public awareness.
- Educates people in Mendocino County about ACEs and the effects of toxic stress by creating materials and hosting ACEs 101 sessions across different sectors including health, mental health, faith-based communities, juvenile justice, businesses and schools.
- Actively supports the implementation of trauma-informed practices that increase resilience and wellness for all residents, through presentations on trauma-informed practice and other community events engaging more than 1,000 participants across many settings.
- Recognizes the mental and emotional impact on those who provide services to communities that experience high ACE scores.
- Seeks to create a supportive environment that promotes self-care and resilience building for our members.

Early Results

- First 5 Mendocino Commission incorporated trauma-informed language into its 2018 Strategic Plan the support of families with children 0-5.
- Countywide collaborative funded a multi-year initiative reaching resilience skills, developed by the Community Resilience Model, and trained twenty individuals to teach these skills to community members.
- The Champion Project, a pilot project, supports families with children, who are not part of the child protective systems, to receive services and supports.

Legislative Districts

Assembly: 2

Senate: 2

Events Calendar

Please join us the first Thursday of every month from 10:30am–12:00pm

Mendocino County Public Health
 Conference Room 1
 1120 South Dora Street
 Ukiah, CA 95482

Contact Information

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Learn More

- [Northern California ACEs Connection](#)
- [ACEs Connection](#)
- [ACEsTooHigh.com](#)
- [4CAKids.org](#)
- California Campaign to Counter Childhood Adversity

2016 Estimated Percentages Reported by Parents	USA	CA	Mendocino County
Children ages 0-17 who have experienced 2+ adverse experiences	21.7%	16.4%	17.5%
Children ages 6-17 who are calm and in control when facing a challenge	49.7%	52.4 %	52.7%

Data Source: As cited on kidsdata.org, Population Reference Bureau, analysis of data from the National Survey of Children's Health and the American Community Survey (Mar. 2018).