

FEBRUARY 20, 2016
EFT FOR FAMILIES: EMOTIONALLY FOCUSED FAMILY
THERAPY (EFFT)

DRS. PAUL AND NANCY AIKIN, EFT CERTIFIED
TRAINERS, SUPERVISORS & THERAPISTS

FIRST EVER EFT FOR FAMILIES PRESENTATION IN THE
SACRAMENTO AREA

COST: \$50 FOR STUDENTS & \$125 FOR THERAPISTS

Click here to sign up <http://aikinassociates.com/a-practical-intro-to-efft/>

Drs. Nancy and Paul Aikin are experts in the practice and teaching of Emotionally Focused Therapy for couples (EFT) and for families (EFFT). This CE program combines practical, concise instruction with video-taped & live examples to help clinicians apply principles of EFFT to their practice right away.

Emotionally focused family therapy is a model of practice based on conceptualizations of family distress and love through an attachment lens. EFFT provides the clinician a highly effective roadmap to help families clarify emotional signals they send to one another, de-escalate, and move out of negative interactional patterns that threaten their experience of security and connectedness. EFFT is collaborative and respectful of clients. It combines experiential techniques with structural systemic interventions.

Key moves and moments in the change process have been mapped. Using a combination of didactic and experiential material, Paul & Nancy will cover basic principles of EFFT, including working with dyads, doing enactments and processing blocks to reaching for their children and responding from care-givers. Participants will have an opportunity to practice some of the key interventions that distinguish EFFT from all other approaches.

SATURDAY

10:00 AM TO 2:00 PM

LOCATION: SACRAMENTO ALLIANT INTERNATIONAL UNIVERSITY

Registration on Next Page

EFT for Families: Emotionally Focused Family Therapy (EFFT)

Saturday, February 20, 2016 10:00 a.m. – 2:00 p.m.

Location: Alliant International University,
2030 W El Camino Ave, Sacramento, CA 95833

Registration for February 20, 2016 Professional Seminar

Name: _____

Address: _____

Phone: _____

E-mail: _____

(I cannot attend but please put me on your email list for future seminar announcements.)

Seminar Fee: _____ License #: _____

MFT/LCSW/Psychologist/Psychiatrist: \$125.00.

Student/Intern: \$50

4 Units of Continuing Education is provided for MFT's, LCSW's & Psychologists

Aikin Associates Seminars is approved by the California Psychological Association to provide continuing professional education for psychologists. . Aikin Associates Seminars maintains responsibility for this program and its content. . The California Board of Behavioral Sciences (BBS) now recognizes CPA continuing education credit for license renewal for LCSWs & MFTs. Aikin Associates Seminars maintains responsibility for the BBS program and its contents.

Enrollment is limited.

Make checks payable to: **Aikin Associates Seminars**

Please return to: Aikin Associates Seminars, 1107 Ovejas Ave, Davis CA 95616

By February 15, 2016. For questions, call: 530-758-1960

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