

SUPPORTING FAMILIES with PARENTAL DEPRESSION

DATE:

Friday, November 3, 2017

TIME:

8:00 am - Light breakfast
8:30 am - 11:30 am - Workshop

LOCATION:

Mather Room
Sacramento County Office of Education
10474 Mather Blvd.
Sacramento, CA 95826

FEES:

\$55 IDA Members
\$65 Non-Members
\$40 Parents

SPONSOR

River Valley Chapter
Infant Development
Association (IDA)

IDA

CALIFORNIA

SUPPORTING CALIFORNIA'S
EARLY INTERVENTION COMMUNITY

QUESTIONS:

Phone: 916-453-8801
Email: mail@idaofcal.org

CANCELLATION POLICY:

50% refund if cancelled one week or more prior to event. No refunds less than a week prior to event.

LEARN ABOUT IDA:
www.idaofcal.org

WHAT THE WORKSHOP IS ABOUT

Research continues to highlight the impact of parental depression on the developmental outcomes of young children. As Home Visitors and Family Service Providers, we often encounter depression in mothers and fathers, but may not feel competent and confident to address these concerns. In this workshop, participants will learn about free resources to support their work with families, including handouts for families, screening tools, videos and referral options. Presentation will include evidence-based strategies and tools for recognizing, screening and responding to parental depression with the goal of improving family functioning and improving developmental outcomes for infants, toddlers and preschoolers.

OUR SPEAKER: Stephanie Gomez, LCSW, is a Licensed Clinical Social Worker with the Sacramento County Office of Education. She has advanced training in Reflective Supervision, Early Childhood Mental Health and Early Childhood Trauma. She has provided family support and home visiting for the past 15 years. She has extensive training in the California Collaborative on the Social Emotional Foundations for Early Learning (CA CSEFEL) Teaching Pyramid Model and is currently pursuing authorization as a coaching apprentice.

CE's offered for several professional disciplines. Register for CE's onsite for an additional fee. See next page for details.

REGISTRATION FORM

Mail Registration or Register online: IDA, P.O. Box 188320, Sacramento, CA, 95818
Phone (916) 453-8801 • Website: www.idaofcal.org

- IDA Members - \$55 IDA Membership # _____
 Non-IDA Members - \$65
 Parents - \$40

Payment: Check (Payable to IDA) Visa MasterCard Amex DiscoverCard

Card Number _____

Expiration Date _____ VIN# (Code on back of card 3 or 4 digits) _____

Address associated with credit card, include zip code:

Your Name _____

Title _____

Organization _____

Home Zip Code _____ Phone _____

E-mail _____

Accessible services and materials (interpreter, large print, other) 15 working days notice must be given to make arrangements.
Describe _____

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CE's - Additional fees and on-site registration required to apply for CE's.

California Board of Registered Nursing - IDA is a provider approved by the California Board of Registered Nursing, provider #CEP-12786. The course meets the qualifications for 3 hours of continuing education credit for Nurses, as required by the California Board of Registered Nursing.

California Speech-Language Pathology and Audiology Board - IDA is a provider approved by the California Speech-Language Pathology and Audiology Board, provider #PDP 248. The course meets the qualifications for 3 hours of professional development credits for SLPs. **(Note: This is not ASHA)**

Physical Therapy Board of California – IDA is recognized as an approval agency to provide offering continuing competency courses for Physical Therapists. This course provides 3 continuing competency hours.

CE refund requests that are received in writing within 30 days of the course will be processed, less a \$5.00 processing fee.

Certificate of Completion

A certificate indicating the number of hours of training will be provided to every participant.

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