

**Sacramento (SA)**

	Sacramento County	Error Margin	Top U.S. Performers	California	Rank (of 57)
<b>Health Outcomes</b>					<b>31</b>
<b>Length of Life</b>					<b>28</b>
Premature death	6,200	6,100-6,400	5,300	5,200	
<b>Quality of Life</b>					<b>39</b>
Poor or fair health **	15%	15-16%	12%	18%	
Poor physical health days **	3.7	3.6-3.8	3.0	3.5	
Poor mental health days **	3.8	3.8-4.0	3.1	3.5	
Low birthweight	7%	7-7%	6%	7%	
<b>Health Factors</b>					<b>27</b>
<b>Health Behaviors</b>					<b>33</b>
Adult smoking **	13%	12-13%	14%	11%	
Adult obesity	28%	25-30%	26%	23%	
Food environment index	7.4		8.6	8.8	
Physical inactivity	18%	16-20%	20%	18%	
Access to exercise opportunities	91%		91%	90%	
Excessive drinking **	19%	18-19%	13%	18%	
Alcohol-impaired driving deaths	32%	30-33%	13%	29%	
Sexually transmitted infections	568.2		145.1	487.5	
Teen births	24	24-25	15	24	
<b>Clinical Care</b>					<b>23</b>
Uninsured	7%	7-8%	6%	10%	
Primary care physicians	1,230:1		1,030:1	1,280:1	
Dentists	1,320:1		1,280:1	1,210:1	
Mental health providers	290:1		330:1	320:1	
Preventable hospital stays	37	36-39	35	36	
Diabetes monitoring	81%	79-83%	91%	82%	
Mammography screening	60%	59-62%	71%	60%	
<b>Social &amp; Economic Factors</b>					<b>28</b>
High school graduation	81%		95%	82%	
Some college	66%		72%	64%	
Unemployment	5.4%		3.2%	5.4%	
Children in poverty	23%	21-25%	12%	20%	
Income inequality	4.9	4.8-5.0	3.7	5.2	
Children in single-parent households	36%	34-37%	20%	32%	
Social associations	7.2		22.1	5.8	
Violent crime	523		62	407	
Injury deaths	59	58-61	55	48	
<b>Physical Environment</b>					<b>42</b>
Air pollution - particulate matter **	9.9		6.7	8.0	
Drinking water violations	Yes				
Severe housing problems	24%	23-24%	9%	28%	
Driving alone to work	77%	76-77%	72%	73%	
Long commute - driving alone	36%	35-36%	15%	39%	

Areas to Explore    Areas of Strength

^ 10th/90th percentile, i.e., only 10% are better.  
 Note: Blank values reflect unreliable or missing data  
 \*\* Data should not be compared with prior years