



Mentoring Matters

Research has shown there are three key indicators of success for young people:

- High expectations
- Opportunities for meaningful participation in school and community
- **Caring adult relationships!**

(California Healthy Kids Survey)

Mentors empower kids to see a possible future and believe it can be obtained.

National studies show youth who meet regularly with mentors are:

- Less likely than their peers to start using illegal drugs or start drinking
(Study by Big Brothers Big Sisters)
- Less likely to skip school
(Study by Big Brothers Big Sisters)
- More trusting of parents and guardians
(The Role of Risk 2013)
- More likely to enroll in college
(The Mentoring Effect 2014)

Contact Us



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The Mission of the Calaveras Youth Mentoring Program is to connect local youth with safe, positive mentors who offer friendship, opportunity, and support for making healthy life decisions.

The **Calaveras Youth Mentoring Program** is administered by the Calaveras County Office of Education and funded by grants, individual community members, and local businesses.

Like us on Facebook and learn more about Mentoring Programs in Calaveras County at CalaverasMentoring.org



Calaveras County
Office of Education



Calaveras Youth Mentoring Program



**Weaving a stronger community,
one friendship at a time.**

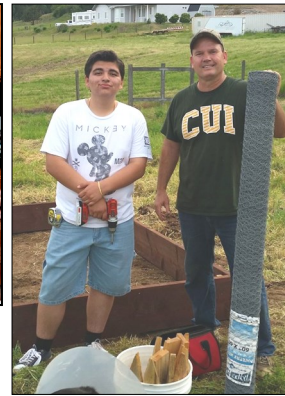


CalaverasMentoring.org



Calaveras Youth Mentoring Program
is celebrating 16 years of
supporting friendships and
building community.

The Calaveras Youth Mentoring Program recruits adult mentors for local young people. Mentors provide consistent, one-to-one support to Calaveras youth in achieving their goals and reaching their potential. The program provides ongoing training, monthly group activities, ideas, and support. Mentors and mentees develop a friendship that can last a lifetime.



Am I ready
to be a mentor?

First, ask yourself some important questions:

- Am I at least 18 years of age?
- Am I in a stable place in my life?
- Am I able to be supportive and nonjudgmental of other people's decisions and lifestyles?
- Can I make the required commitment to the program, understanding that the screening and matching process could take months?
- Will I be able to meet with my mentee once a week for at least one year?
- Do I have a valid CA driver's license?

The next step...

Attend an Information Session
to learn more. Call 209-736-6078.

You only need to be a friend,
not a superhero.

You and your mentee will be matched based on
similar interests & share activities you both enjoy.



Are there other ways to
get involved?

Yes! It takes more than just mentors!

• **Become a Mentor Rewards Partner**

Business owners offer discounts and special offers to mentors and mentees. These discounts allow matches to enjoy more experiences without spending much money.

• **Spread the word about mentoring**

People are more likely to consider themselves as possible mentors when a *friend tells them they would be good at it.*

• **Volunteer your skills**

Help with mentor recruitment or administrative support according to your skills and interests.



Support the Calaveras Mentoring
Foundation (CMF)

CMF is a non-profit organization dedicated to raising awareness and funds for mentoring in Calaveras County.

Contact CMF at 209-736-7706 or
 calaverasmentoringfoundation@gmail.com.